

#### 4. Rothaarsteiglauf am 23. Mai 2009 16 km Laufen

#### MÄNNER

AK-Platz	Nr.	Name	Vorname	Verein/Ort	Endzeit	AK	Total
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#### Altersklasse Männer M30

1	688	Prior	Christian		01:02:04	30	2
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#### Altersklasse Männer M35

1	655	Blume	Dietmar	LAC Veltins H	01:13:01, 30.1	35	12
2	687	Preker	Christoph		01:27:04, 30.1	35	52
3	670	Kirschbaum	Karsten		01:28:01, 30.1	35	56
4	696	Siepe	Thorsten	Sparkasse Hc	01:28:55, 30.1	35	60
5	707	Wieschhoff	Jens		01:36:36, 30.1	35	75

#### Altersklasse Männer M40

1	731	Theine	Stefan		01:05:33, 30.1	40	5
2	722	Harbecke	Reinhard	LT Medebach	01:14:04, 30.1	40	14
3	660	De Grauw	Marco	Hellas Utrechl	01:16:31, 30.1	40	20
4	750	Pape	Martin	Rot-Weiß Titr	01:19:28, 30.1	40	25
5	664	Freitag	Stefan		01:20:08, 30.1	40	27
6	323	Gattwinkel	Klaus		01:20:23, 30.1	40	28
7	682	Mittrop	Hubertus		01:24:25, 30.1	40	40
8	711	Pawliczek	Thomas	SK Winterber	01:27:50, 30.1	40	55
9	744	Sabisch	Rainer		01:28:13, 30.1	40	57
10	737	Hanfland	Andreas	TuS "31" Eller	01:30:02, 30.1	40	61
11	735	Wendler	Udo		01:33:30, 30.1	40	67
12	353	Quest	Carsten		01:34:37, 30.1	40	70
13	669	Kintrup	Chrisitan	Team Kintrup	01:35:35, 30.1	40	71
14	698	Spiller	Markus		01:36:43, 30.1	40	77
15	683	Müller	Bernd		01:39:35, 30.1	40	80
16	666	Hegel	Jörg		01:43:38, 30.1	40	83
17	676	Kreusel	Dirk		02:19:35, 30.1	40	90

#### Altersklasse Männer M45

1	752	Beltermann	Hubertus	SSV Allendorf	01:02:55, 30.1	45	3
2	704	Vollbrecht	Steffen	Laufsport Sen	01:05:16, 30.1	45	4
3	741	Lauber	Frank	VfL Bad Berle	01:07:17, 30.1	45	6
4	749	Dubslaff	Knut	PSV Brilon	01:09:54, 30.1	45	9
5	662	Eickhoff	Volker	TuS Nuttlar	01:13:08, 30.1	45	13
6	743	Nitsche	Peter	LT Medebach	01:19:20, 30.1	45	24
7	754	Kall	Hans-Peter	TSV Poggenh	01:20:42, 30.1	45	30
8	695	Schulte	Andreas	Laufftreff MK	01:23:02, 30.1	45	36
9	736	Hetzel	Gandolf		01:25:37, 30.1	45	44
10	653	Becker	Torsten	SCNL	01:25:58, 30.1	45	46

11	723	Scheunemanr	Sönke		01:26:12, 30.1	45	47
12	705	Weber	Heinz-J.	TV Brilon	01:26:36, 30.1	45	48
13	661	Dickel	Hermann	SF Ederdal	01:26:47, 30.1	45	50
14	659	Burmann	Christof		01:33:45, 30.1	45	68
15	733	Nagel	Andreas		01:36:04, 30.1	45	74
16	651	Baumeister	Thomas	TV Heggen	01:40:38, 30.1	45	81

### Altersklasse Männer M50

1	751	Liesen	Hubert	LT Olsberg	01:16:39, 30.1	50	21
2	701	Strunk	Hermann	1 SC lippetal	01:19:04, 30.1	50	23
3	748	Schulte	Gerhard	LAC Velitns H	01:20:06, 30.1	50	26
4	709	Zumbroich	Heinz-Peter		01:21:01, 30.1	50	32
5	685	Palm	Volker		01:23:46, 30.1	50	37
6	674	Krahn	Andreas		01:23:57, 30.1	50	38
7	746	Deimel	Jürgen	Kegelclub Sel	01:25:42, 30.1	50	45
8	668	Heise	Manfred	Tus 31 Ellerin	01:26:55, 30.1	50	51
9	745	Bette	Lothar	Kegelclub Sel	01:36:40, 30.1	50	76

### Altersklasse Männer M55

1	732	Braun	Fridbert	Ski-Club Siedl	01:15:37, 30.1	55	16
2	740	Spitthoff	Dietmar	TUS Velmede	01:18:06, 30.1	55	22
3	739	Lange	Walter	LT Medebach	01:20:41, 30.1	55	29
4	742	Hillebrand	Erwin	Tc Messingha	01:25:19, 30.1	55	42
5	654	Beier	Thomas	TSG-Wehberç	01:25:21, 30.1	55	43
6	686	Potthoff	Bruno	TSV Bigge-Ol	01:26:39, 30.1	55	49
7	663	Fabian	Hans	LF Bönen	01:32:10, 30.1	55	63
8	747	Eisenberg	Jürgen	TSV Tinum /	01:35:37, 30.1	55	72
9	652	Becker	Karl-Wilhelm	TSV Flechtdo	01:51:37, 30.1	55	85

### Altersklasse Männer M60

1	689	Revinsek	Martin	Marathon Soe	01:15:42, 30.1	60	17
2	700	Steinrücken	Ulrich	Tus Germania	01:34:28, 30.1	60	69
3	692	Rüther	Friedhelm	SG RWE Arn	01:38:09, 30.1	60	78

### Altersklasse Männer M65

1	665	Graf	Erwin	LT Hagen-Em	01:27:12, 30.1	65	53
2	650	Bärenfänger	Günter	Ski Klub Letm	01:31:14, 30.1	65	62
3	657	Brandt	Hans-Bernd		01:43:39, 30.1	65	84

### Altersklasse Männer M70

1	710	Stöcker	Werner	LG Wittgenste	01:22:00, 30.1	70	33
2	718	Wagner	Heinz	VfL Wehbach	01:25:11, 30.1	70	41
3	728	Meurs	Janwillem	Veteranen Ne	01:28:29, 30.1	70	59
4	699	Stauner	Renald		01:52:22, 30.1	70	86
5	706	Welsh	John	Laufftreff Olsb	01:56:48, 30.1	70	87

### Altersklasse Männer MHK

1	675	Krahn	Vincent	TSG-Bergedo	01:01:54, 30.1	HK	1
2	708	Wollenschein	Bastian		01:08:17, 30.1	HK	7
3	730	Völkel	Marco	SLNL	01:11:05, 30.1	HK	10
4	702	Tusch	Daniel	Tus Valmetal	01:14:17, 30.1	HK	15
5	703	Vogt	Matthias	PSV Brilon	01:16:22, 30.1	HK	19
6	712	Pieper	Carsten	SK Winterberç	01:28:19, 30.1	HK	58

### Altersklasse Männer MJA

1	667	Heiken	Matthias	Tus Valmetal	01:09:43, 30.1	JA	8
2	680	Meier	Nils		01:12:51, 30.1	JA	11
3	713	Soccal	Marius	SK Winterberç	01:15:53, 30.1	JA	18
4	673	Kräling	Marius	Bergsprinter	01:20:42, 30.1	JA	31
5	714	Kramer	Joshua	SK Winterberç	01:22:12, 30.1	JA	34
5	715	Pape	Hendrik	SK Winterberç	01:22:12, 30.1	JA	34
7	694	Schmidt	Jonas	Bergsprinter	01:23:58, 30.1	JA	39
8	716	Bruckisch	Emanuel	SK Winterberç	01:27:13, 30.1	JA	54
9	738	Schneider	Mike	LAC Veltins H	01:32:40, 30.1	JA	64
10	719	Biesheuvel	Jens	SK Winterberç	01:32:54, 30.1	JA	65
11	720	Ante	Johannes	SK Winterberç	01:32:55, 30.1	JA	66
12	717	Beckmann	Jonas	SK Winterberç	01:35:44, 30.1	JA	73
13	693	Schlenstedt	Moritz		01:58:51, 30.1	JA	88
14	721	Menke	Luis	SK Winterberç	02:13:58, 30.1	JA	89

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## FRAUEN

AK-Platz	Nr.	Name	Vorname	Verein/Ort	Endzeit	AK	Total
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### Altersklasse Frauen W30

1	868	Roerstroem	Jasmin		01:34:21, 30.1	30	11
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### Altersklasse Frauen W35

1	853	Bathen	Marion	LT Olsberg	01:12:29, 30.1	35	1
2	909	Roettger	Simone		01:34:27, 30.1	35	12
3	851	Bäcker-Kintrup	Nicole	Team Kintrup	01:35:35, 30.1	35	14
4	872	Sprenger-Bec	Juliane	TUS Alemaniç	01:39:11, 30.1	35	25
6	684	Mueller-Prans	Melanie		01:39:34, 30.1	35	26

### Altersklasse Frauen W40

1	902	Jansen	Eva	LG Südsauerl	01:15:31, 30.1	40	3
2	870	Schwarz	Pascale	LSV Brilon	01:32:01, 30.1	40	9
3	861	Kern	Heidrun		01:35:26, 30.1	40	13
4	875	Tusk	Cornelia	Stadt Bochum	01:35:59, 30.1	40	17
5	854	Bischof	Daniela	Skiclub Westf	01:36:57, 30.1	40	18
6	897	Schlüting	Anne-Karina	HTSV Leiberg	01:37:14, 30.1	40	19
7	856	Broll	Christa		01:38:13, 30.1	40	21
8	881	Beckmann	Barbara	SK Winterber	01:39:02, 30.1	40	24
9	1298	Beltermann	Birgit		02:27:44, 30.1	40	46

### Altersklasse Frauen W45

1	904	Dubslaff	Doreen	PSV Brilon	01:13:31, 30.1	45	2
2	903	Henke	Eva	TC Büren	01:37:14, 30.1	45	20
3	906	Zimprichová	Dita		01:38:24, 30.1	45	23
4	859	Goede	Petra	BSV Holborn	01:41:57, 30.1	45	29
5	898	Klein	Verena		01:43:00, 30.1	45	31
6	869	Scholz	Ulrike		01:47:39, 30.1	45	34
7	873	Stauner	Aenne		01:57:09, 30.1	45	40
8	878	Weist	Petra	LT TUS Iserlo	02:00:09, 30.1	45	41
9	863	Markhoff	Margret Christine		02:19:35, 30.1	45	45

### Altersklasse Frauen W50

1	879	Wrede	Beate	GW Düdingha	01:26:02, 30.1	50	6
2	857	Budde	Heike	BibRunners 4	01:38:19, 30.1	50	22
3	867	Roche	Bettina	Team Herbalii	01:43:23, 30.1	50	32
4	901	Pachurka	Paraschiva	T.G. Holzwick	01:44:37, 30.1	50	33
5	895	Paul	Gisela	LT TUS Iserlo	01:48:41, 30.1	50	36

### Altersklasse Frauen W55

1	855	Braun-Nott	Angelika	LT Hagen-Em	01:31:52, 30.1	55	8
2	865	Püttmann	Gerlinde	LG Hamm	01:32:10, 30.1	55	10
3	908	Menke	Karin		01:39:51, 30.1	55	26
4	896	Grenningloh	Ingrid	LT TUS Iserlo	01:41:01, 30.1	55	27
5	880	Becker	Gabi	LT TUS Iserlo	01:48:41, 30.1	55	35
6	874	Tüttelmann	Jutta	LT TUS Iserlo	02:00:09, 30.1	55	42

### Altersklasse Frauen W60

1	890	Lichte	Helga	SV Deifeld	02:04:46, 30.1	60	43
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### Altersklasse Frauen W65

1	860	Graf	Ingrid	LT Hagen-Em	01:56:38, 30.1	65	39
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### Altersklasse Frauen WHK

1	876	Wächter	Julia	01:41:36, 30.1	HK	28
2	864	Mutzenbach	Linda	01:42:44, 30.1	HK	30

### Altersklasse Frauen WJA

1	882	Schmidt	Sina	SK Winterberg	01:22:23, 30.1	JA	4
2	883	Pieper	Julia	SK Winterberg	01:22:23, 30.1	JA	5
3	871	Schwellenberg	Ivon	SK Winterberg	01:31:09, 30.1	JA	7
4	884	Hanses	Nina	SK Winterberg	01:35:44, 30.1	JA	15
4	885	Berkenkopf	Kyra	SK Winterberg	01:35:44, 30.1	JA	15
6	888	Soccal	Leonie	SK Winterberg	01:49:26, 30.1	JA	37
7	889	Lange	Jessica	SK Winterberg	01:49:26, 30.1	JA	38
8	886	Müller	Celina	SK Winterberg	02:13:36, 30.1	JA	44